

Three steps to health protection

Please show this document to your doctor to help you complete your health protection tasks.

STEP 1	<p>Request blood tests: Please provide a copy of the actual laboratory report.</p> <p>All students must request blood testing for Blood Borne viruses, at commencement of studies or within 1 year prior to commencement of studies.</p> <ol style="list-style-type: none">1. Hepatitis B, HIV and HCV (Complete the NSW Health Blood Borne Virus Student Declaration Form (BBV Form) when you receive your results.) These BBV bloods need to be repeated within a 3-year period.2. Blood testing for MMR and Varicella will be required in the absence of well-documented age-appropriate, appropriately timed, vaccination records.3. Blood testing for immunity to Hepatitis b – Surface antibody (anti hb's) is required following a full age-appropriate timed course of hepatitis b vaccines.
STEP 2	<p>Locate your vaccination history from childhood to now:</p> <p>You must provide official medical records (Doctor/Government/Pathology Lab, etc.) of your vaccination history for Hep B, Varicella, MMR, COVID, influenza and dTPa. Ensure all records include both your name, Dob and the name of the Immunisation provider clinic/doctor, etc.</p> <p>You can locate your records by:</p> <ol style="list-style-type: none">1. Asking your parents for your baby/childhood records2. Requesting Immunisation statements from your past and/or present family doctor/s3. Contacting the Immunisation Registry in your country4. Requesting school vaccination program records from the local city council or the local public health unit in your school's area.5. For students vaccinated in Australia, you can obtain your official Immunisation History statement from Medicare through Medicare online or the My Gov platform. <p>If, after trying all the above avenues, you have been unable to obtain the required vaccination evidence, please email Fit to Practice Co-Ordinator. (You may be required to have further vaccinations or blood testing for immunity as part of the compliance process.)</p>
STEP 3	<p>Ensure your vaccinations are up to date</p> <p>Your dTpa vaccination MUST NOT expire <i>during the course of your studies</i>.</p> <ul style="list-style-type: none">- If it is due to expire during your studies please update this vaccine at your initial assessment.- The name of the vaccine required is Adacel or Boostrix <p>If your serology is negative/low positive/ borderline or equivocal for Measles, Mumps, Rubella, Varicella and/or Hep B, you will require a booster vaccination from your GP/Pharmacist</p>

NOTE: After you obtained your results and documentation, save them as PDF using the naming conventions listed for each task. Upload to Osler during Orientation week or as required during your program.