

# **Bond University Medical Program**

# General Practice Selective Placement Student/Clinician Guide

# Introduction

The capstone, elective, flexible and selective placements provide students' a choice of interest area, or specialty placement, to gain additional clinical experience on top of specified clinical curriculum placements.

The learning priorities for all clinical specialties are to gain insight and understanding of the most common presentations and conditions encountered. It is anticipated that all students will have opportunities to enhance their skills in history taking and clinical examination. Students should also be encouraged to translate the information from patient interactions into commonly used formats by interns, such as *ISBAR (Introduction, Situation, Background, Assessment, Recommendation)* 

# **Timetable and Contacts**

**Students are expected to be present on a daily basis during their placement**. If students are unable to attend for any reason, they are required to advise the clinician, hospital co-ordinator (where available) and the Placements Team at Bond University: <u>Med-placements@bond.edu.au</u>

# **General Practice (GP) Placement**

It is expected that the student will contact the GP or their Practice Manager 1-2 weeks before their GP placement is to start, to enquire about the allocated sessions/ times to attend.

#### **General Practice Learning Outcomes**

To demonstrate, evaluate, and practice:

- Patient centeredness, advocacy, empowerment, and support
- Provision of care in the home and the community
- General practice clinical management (chronic disease, multimorbidity, and polypharmacy)
- Rational prescribing & Quality use of medicines
- Health promotion & disease prevention
- Clear communications: With patients, documents, and other health professionals
- Evidence based medicine/practice (underpins ALL these activities)

These learning outcomes relate strongly to the Core competencies or RACGP Curriculum. Ethical, medicolegal, and professional responsibilities are expected during all clinical placements. They are listed in the clinical years' learning outcomes and are an expected competency of all medical graduates.

#### Additional secondary Learning Outcomes

Students should be able to:

- Develop an overview of the health issues that affect patients in the community;
- Develop a balanced view of management and prevention of health needs in the community;
- Develop an insight into the harms and benefits of interventions;
- Develop an understanding of the use of "watchful waiting";
- Develop an understanding of the importance of continuous quality improvement and of clinical audit;

- Demonstrate understanding of medico-legal implications of certificates in General Practice;
- Describe the role of the GP in the palliative care setting and within a multidisciplinary framework to provide palliative care to patients form a holistic, psychosocial and spiritual perspective;
- Develop an awareness of the health services available to patients in the community;
- Demonstrate knowledge of the use of electronic health records in primary care and the classification systems used- e.g. (ICPC, SNOMED)
- Demonstrate understanding of the specific health related issues of Aboriginal and Torres Strait Islander communities and the delivery of primary health care for these communities

Symptom Based Approach Description/examples	
Common presentations	
Cough	Bronchitis
Diarrhoea and/or vomiting	Gastroenteritis
Fear of sexually transmitted diseases	Tests are rarely positive
Feeling agitated and nervous	Anxiety & Panic
Fever	URTI
Indigestion	Oesophageal reflux
Insomnia	Depression, anxiety
Itch	Eczema, insect bites.
Low mood	Depression
Musculoskeletal pain	Rotator cuff injuries
Rash	Eczema
Red eye	Conjunctivitis
Skin sores	Impetigo
Sort throat and/or earache	Tonsilitis, Otitis media/externa
Sports injuries	Knee injuries- e.g. meniscal tears
Swollen ankles	Heart failure
Upper abdominal pain	Gastritis
Vertigo/dizziness	Postural hypotension
Weakness/tiredness	Post viral fatigue
Wheezing	Asthma

#### **Core Topics General Practice Placement**

Chronic Health Problems	
Asthma and COPD	
Chronic low back pain	
Diabetes	
Heart failure	
Hypertension	
Ischemic heart disease	
Mental Health conditions	
Obesity	
Osteoarthritis	

Preventive Medicine / Health Promotion		
Abuse	<ul> <li>Physical</li> <li>Psychological</li> <li>Sexual</li> </ul>	
Cancer screening e.g. PAP smear program		
Chronic disease prevention		
Developmental assessment		
Family planning		
Immunisations		
Pre-pregnancy and antenatal care		
Social problems		

Acute	Description/examples	
Acute abdominal pain	Appendicitis	
Acute breathing difficulties	Respiratory failure from: • Asthma • COPD • Pneumonia	
Acute confusion	Psychosis Delerium	
Acute paralysis	Stroke or TIA	
Anaphylaxis and /or angioedema	Insect bites Food reactions	
Chest pain	Acute coronary syndrome	
Collapse	Vaso-vagal or arrhythmia	
Fitting/seizure	Febrile convulsions Epilepsy	
Haemorrhage	Miscarriage Gastrointestinal bleed	
Lacerations and fractures	Fracture of neck of femur or radius Dog bite	
Painful red eye and/or visual loss	Herpes simplex Keratitis Glaucoma	
Racing or irregular heart beats	Supra Ventricular Tachycardia (SVT) Atrial fibrillation	
Severe skin rashes	Cellulitis, erysipelas, Herpes simplex, or zoster	

Students should also be aware of the **Australian National Health Priorities** for prevention, early detection and management of the following:

- Cardiovascular disease
- Cancer
- Injury
- Mental Health disorders
- Diabetes
- Asthma
- Arthritis and musculoskeletal conditions
- Obesity

# **Procedural Skills for General Practice**

Skill	Description	
History and Communication		
History taking	Take a focused history about any body system	
Clinical Reasoning	Application of clinical reasoning in primary care for joint decision making with the patient to develop a management plan	
Documentation/Information Management	Demonstrate clear concise clinical notes	
Explain to a patient	<ul> <li>Common conditions</li> <li>Investigations and how they are performed</li> <li>How the results of investigations will influence management</li> <li>Common treatments</li> <li>Risks and benefits</li> </ul>	
Physical Examination (to observe or	perform)	
General physical examination	Examine all body parts across all ages	
Breast examination	Examine the breast	
Vital signs	Temperature     Pulse	
	<ul> <li>Blood pressure</li> <li>Respiratory rate</li> <li>Weight</li> <li>Waist and BMI</li> </ul>	
Vaginal examination and/or PAP test	<ul> <li>Inspect external genitalia (vulva),</li> <li>perform a vaginal examination,</li> <li>perform a bimanual and speculum examination</li> <li>Take a PAP smear</li> <li>Take a swab</li> </ul>	
Pregnant abdomen	Examine the pregnant abdomen	
Male reproductive organs	Examine male reproductive organs- • testes • penis • prostate	
Health Assessment	Perform a health assessment/GP management plan	
Mental Health Assessment	Use and interpret tools in a GP mental health plan or assessment (K10 or MMSE)	
Urine analysis	Perform and interpret a urine dipstick analysis	
Urine pregnancy test	Perform and interpret a urine pregnancy test	
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Procedures (to observe or perform)		
Injections	Give injections/vaccinations	
Wound management	Swab, clean, debride, manage a wound and apply sutures	
Spirometry	Perform and interpret results of spirometry	
Inhaler/spacer/nebuliser	Teach a patient how to use these devices	
Investigations	Order and interpret GP relevant blood tests	
ECG	Perform and interpret an ECG for common conditions: • Cardiac ischemia • Arrhythmias	

## **Clinical Supervision and Assessment**

Students have a suite of workplace-based assessments (WBA) to successfully complete during this Clinical Placement. All WBA are completed in Osler ePortfolio, a cloud-based mobile assessment technology, giving students, supervisors and faculty immediate access to WBA feedback and evaluation. WBA are not only the students' richest source of personal feedback on performance but are also evidence of their clinical skills development and safety to practice.

At the end of each clinical placement, the Board of Examiners (BOE) will review all required WBA to decide whether the student has passed the Clinical Placement. If all WBA are not submitted by the due date, the BOE may not have sufficient evidence to make an Ungraded Pass decision and the student progression in the Medical Program may be delayed.

WBA are to be submitted in Osler by 8 am Monday following the end of each Clinical Placement

- 1. For assistance with Osler contact: <u>osler@bond.edu.au</u>
- 2. For assistance with WBA contact: Med-assessment@bond.edu.au
- 3. For full details of all WBA requirements, read the WBA booklet located on iLearn.

# The In-Training Assessment (ITA)

The ITA is designed for the clinical supervisor to evaluate and provide feedback on the student overall clinical performance on that placement to date. It is a summary evaluation of whether students have met the requirements of that placement <u>at the expected level</u> for their clinical learning exposure:

- Clinical knowledge
- Procedural skills
- Clinical History taking and physical examination skills
- Communication
  - o Communication with children and families
  - o Appropriate clinical handover using ISBAR
- Personal and professional behaviour
- Attendance on placement

### The End-placement ITA (due Wk7):

This ITA is completed by the assigned supervising Consultant or their delegate registrar, after seeking opinion from the clinical team about the student performance throughout the placement as to whether the student is performing 'at expected level'. Students can fail for lack of professional behaviour or for not meeting attendance requirements on Clinical Placement. If students are not present, then they are not spending sufficient time with patients to demonstrate competency.

#### Mini-CEX (due Wk6):

A Mini-Clinical Examinations (Mini-CEX) is designed to encourage students to participate in active learning of core clinical skills on patients by conducting a history or physical examination and then engaging in discussions on their findings with clinician supervisors. A range of clinical team members can complete Mini-CEX including Consultants, registrars, Senior House Officers and Principle House Officers. Junior House Officers/Interns cannot complete Mini-CEX.

Students are required to complete 4 Mini-CEX total as Patient Management plans

Patient Management Plans are integrated tasks that require a higher level of reasoning and synthesis. Students take the patient history, conduct the physical examination (MSE for mental Health) review patient investigations then integrate this information and share their recommended patient management verbally with a team member. This can be done in a group setting such as ward rounds or one-on-one.

The Mini-CEX WBA format is shared with Griffith University, designed as a global entrustability rating to reduce the cognitive workload for supervisors, whilst enhancing personalised feedback on performance to students. Feedback provided in the WBA should align to that given to students at the time of the interaction. The Global score given relates to the students' ability to conduct this clinical skill *relevant to their current level of learning*:

**1. Unsatisfactory:** Unable to complete the task and requires direct instruction and intervention from supervisor

- 2. Borderline: Performs the task but supervisor intervention is required (Repeat task)
- 3. Clear Pass: Performs the task competently with minimal supervisor input or intervention
- 4. Excellent: Performs the task competently and independently with supervision nearby if required

If students are given a Level 1 (Unsatisfactory) or Level 2 (Borderline) score, the clinical task must be repeated until a Level 3 (Clear pass) or Level 4 (Excellent) is reached by the end of the clinical placement.

#### **Procedural Skills and Clinical Tasks**

It is an expectation of the Australian Medical Council that graduating medical students can safely perform a range of core procedural skills on graduation. Bond Medical Students are required to complete the following Procedural Skills and Clinical Tasks *on patients* by the completion of their Phase 2 to graduate. A wide range of health professionals can evaluate their skills competency, including doctors, nurses, allied health, and hospital technicians.

Students choose the location and timing of when they are ready to conduct this skill for assessment.

They are encouraged to conduct the skill for learning multiple times prior to being assessed for evidence of their competency

#	Required Procedural Skills	Best opportunity	Additional Advice	
1	In-dwelling Catheter insertion	WH, ED, Surgery	These procedures must be observed	
2	Intravenous Cannulation (2)	MED, ED, CCO, ACSP	<u>conducted on patients</u> or being	
3	Suturing – basic wound closure	Surgery, ED	performed in the clinical setting at a	
4	Intramuscular injection	GP, MED, ED	<ul> <li>L3 Entrustment rating</li> <li>Skills 1 – 9 require you to: (p.20)</li> </ul>	
5	Subcutaneous injection	GP, MED, ED	1. Watch the Osler learning	
6	Electrocardiograph acquisition	MED, ED, GP, MH, Surgery	module	
7	Venesection MH, Surgery, ED		2. Pass a Quiz to generate the	
8	Blood Culture Sampling			
9	Sterile handwash, gown, and glove	Surgery	3. This WBA must be assigned to	
10	*Airway Management: Bag/Mask technique – no Osler learning module	ED, Surgery, anaesthetics	the observing clinical team member	
11	Glasgow Coma Scale Interpretation	ED, MED, ICU, Ward Call		
	Required Theory Modules	5		
12	Personal Protective Equipment		Theory Module in Osler ePortfolio	
13	Assessment of the ICU patient	CC /CCO	Theory Module in Osler ePortfolio	
14	Pulse Oximetry		Theory Module in Osler ePortfolio	
	Required Clinical Tasks			
15	Deteriorating patient	CC/CCO,ED,ACSP Ward Call	Refer to additional information	
16	Discharge Summary (conducted in ieMR)	MED, Surgery, WH, CH, MH	Refer to additional information	

Evaluation of student procedural skills performance is based on an Entrustability Rating Scale:

• Trust Level 1. Requires physician assistance / direct instruction (Repeat skill)

- Trust Level 2. Requires significant supervisor input (\*Repeat skill) (\*L2 considered a pass for Airway Mx only)
- Trust Level 3. Performs independently but requires direct supervision (Pass medical student level)
- Trust Level 4. Safe to perform independently (supervision immediately available) (Pass intern level)

#### In addition, to WBA, MD students will conduct the following other assessments:

**Clinical Skills:** Students will sit an MD OSCE at end of year following CP6 as a check on clinical skills competency and safety to progress to the final year of the program

**Clinical Knowledge:** to promote continuous development in clinical knowledge, students will conduct five (5) written knowledge Progress Tests, one at the end of each subject.

**Competency:** Advanced Life Support, Ultrasound, Women's Intimate Examinations, MD Project and Conference presentation

Prescribing: Students conduct the National 'Prescribing Skills Assessment' (PSA)

#### **Elective GP Placement:**

Follow WBA booklet for Electives: End placement ITA (which includes equivalence of 4 x Mini-CEX) and a Critical Reflection assigned to your placement supervisor. If you have any assessment queries, please contact: <u>Med-assessment@bond.edu.au</u>

## MD Program Outcomes AKA YEAR 4 and 5 MEDI71-401, 402 and 403 Core Clinical Practice A, B and C

#### MEDI72-501, 502 and 503 Extended Clinical Practice and Research, A, B and C

The <u>Australian Medical Council's Graduate Outcome Statements</u> are organised into four domains. Within this Subject, the framework mapped to the learning outcomes (LOs) are

#### Clinical Practice: The medical graduate as practitioner (CP) (LOs 1-11),

Professionalism and Leadership: The medical graduate as a professional and leader (PL) (LOs 12-18), Health and Society: The medical graduate as a health and wellbeing advocate (HS) (LOs 19-25) Science and Scholarship: The medical graduate as scientist and scholar (SS) (LOs 33-40).

2025 PLO	2025 Domain#	2025 Program Learning Outcomes On successful completion of this Program, the learner will be able to:	AMC Outcomes 2023 *
01	CP 1	Adapt communication skills to engage safely, effectively and ethically with patients, families, carers, and other healthcare professionals, including fostering rapport, eliciting, and responding to needs or concerns whilst supporting health literacy. <b>[Communication]</b>	1.1, 1.3, 1.4, 1.6, 2.4
02	CP 2	Elicit an accurate, structured medical history from the patient and, when relevant, from families and carers or other sources, including eco-biopsychosocial features. [Medical History]	1.8, 1.5
03	CP 3	Demonstrate competence in relevant and accurate physical and mental state examinations. [Physical Examination]	1.9
04	CP 4	Integrate and interpret findings from the history and examination of a patient to make an initial assessment, including a relevant differential diagnosis and a summary of the patient's mental and physical health. [Clinical Reasoning]	1.10
05	CP 5	Demonstrate proficiency in recognising and managing acutely unwell and deteriorating patients, including in emergency situations. [Emergency Care]	1.20, 1.21
06	CP 6	Demonstrate competence in the procedural skills required for internship. [Procedural Skills]	1.14
07	CP 7	Prescribe and, when relevant, administer medications and therapeutic agents (including fluid, electrolytes, blood products and inhalational agents) safely, effectively, sustainably and in line with quality and safety frameworks and clinical guidelines. [Therapeutics]	1.17, 1.18
08	CP 8	Select, justify, request and interpret common investigations, with due regard to the pathological basis of disease and the efficacy, safety and sustainability of these investigations. [Investigations]	1.15
09	CP 9	Demonstrate responsible use of health technologies in the management and use of patient data and incorporate their use to inform, support and improve patient health care and digital health literacy, especially among groups who experience health inequities. [Digital Technologies]	1.19, 1.24, 2.15, 3.8
10	CP 10	Formulate an evidence-based management plan in consultation with the interprofessional team, including patients and families across a variety of clinical settings with consideration of eco- biopsychosocial aspects that may influence management at all stages of life. [Patient Management]	1.1, 1.2, 1.5, 1.11, 1.12,1.16, 1.22, 1.23
11	CP11	Record, transmit and manage patient data accurately and confidentially. [Documentation]	1.19, 2.3, 2.15
12	PL 1	Display ethical and professional behaviours including integrity, compassion, self-awareness, empathy, discretion, and respect for all in all contexts. [Professional Behaviour]	2.1, 2.18
13	PL 2	Demonstrate effective interprofessional teamwork to optimise patient outcomes whilst respecting boundaries that define professional and therapeutic relationships. [Teamwork]	2.2, 2.6, 2.9, 2.11, 2.12, 2.17
14	PL 3	Apply principles of professional leadership, followership, teamwork, and mentoring by contributing to support, assessment, feedback and supervision of colleagues, doctors in training and students. [Leadership]	2.2, 2.16
15	PL 4	Integrate the principles and concepts of medical ethics and ethical frameworks in clinical decision- making and patient referral, including through appropriate use of digital technologies and handling of patient information. [Ethical Behaviour]	2.3, 2.10
16	PL 5	Critically apply understanding of the legal responsibilities and boundaries of a medical practitioner across a range of professional and personal contexts. [Legal Responsibilities]	1.19, 2.15
17	PL 6	Actively seek feedback and demonstrate critical reflection and lifelong learning behaviours to improve and enhance professionalism and clinical practice recognising complexity and uncertainty of the health service and limits of own expertise to ensure safe patient outcomes and healthcare environment. [Critical Self-reflection]	2.5, 2.8 2.13, 2.14, 2.17, 2.18
18	PL 7	Actively monitor and implement strategies to manage self-care and personal wellbeing in the context of professional, training, and personal demands. [Self-care]	2.7, 2.8, 2.9

19	HS 1	Demonstrate culturally safe practice with ongoing critical reflection on their own knowledge, skills, attitudes, bias, practice behaviours and power differentials to deliver safe, accessible and responsive health care, free of racism and discrimination. [ <b>Culturally safe practice</b> ]	1.5, 2.18, 3.2, 3.4, 3.5
20	HS 2	Describe Aboriginal and/or Torres Strait Islander knowledges of social and emotional wellbeing and models of healthcare, including community and eco-sociocultural strengths. [Striving for Aboriginal and Torres Strait Islander Health and wellbeing equity]	1.7, 3.11, 4.3
21	HS 3	Recognise and critically reflect on historical, individual, and systemic challenges to Aboriginal and Torres Strait Islander peoples. [Barriers to Aboriginal and Torres Strait Islander Health and well-being equity]	3.2, 3.3, 3.4, 3.5
22	HS 4	Apply health advocacy skills by partnering with communities, patients and their families and carers to define, highlight, and address healthcare issues, particularly health inequities and sustainability. [Health and well-being advocacy]	3.6
23	HS 5	Critically apply evidence from behavioural science and population health research to protect and improve the health of all people. This includes health promotion, illness prevention, early detection, health maintenance and chronic disease management. [Public Health]	1.22, 3.6, 3.7, 4.2 (4.1)
24	HS 6	Describe ecologically sustainable and equitable healthcare in the context of complex and diverse healthcare systems and settings. [Environmentally sustainable healthcare]	3.1, 3.10
25	HS 7	Describe global and planetary issues and determinants of health and disease, including their relevance to healthcare delivery in Australia and Aotearoa New Zealand, the broader Western Pacific region and in a globalised world. [Global and Planetary Health]	3.2, 3.12, 4.1, 4.2
26	SS 1	Apply and integrate knowledge of the foundational science, aetiology, pathology, clinical features, natural history, prognosis and management of common and important conditions at all stages of life. [Foundational science]	1.13, 4.1, 4.4
27	SS 2	Apply core medical and scientific knowledge to populations and health systems, including understanding how clinical decisions for individuals influence health equity and system sustainability in the context of diverse models and perspectives on health, wellbeing and illness. [Population and health systems]	4.1, 4.2, 4.3, 3.9
28	SS 3	Critically appraise and apply evidence from medical and scientific literature in scholarly projects, formulate research questions and select appropriate study designs or scientific methods. [Research and scientific methods]	4.5, 4.6
29	SS 4	Comply with relevant quality and safety frameworks, legislation and clinical guidelines, including health professionals' responsibilities for quality assurance and quality improvement. [Quality and safety]	1.1, 3.9, 4.7